

Introducing you to Longwood House

At Longwood House Dental Care we believe that a healthy, natural smile is not just something for the lucky few, but something we can all enjoy. A beautiful smile naturally boosts confidence and self-esteem and can be one of your best assets. The perfect smile is now easily achievable and affordable at our private practice

LONGWOOD HOUSE has been recognised as providers of excellent patient care and dentistry on a world class level. In particular, we received elevated recognition as finalists for the prestigious Dentistry Awards as Best Practice East England 2008 – awarded to those dental practices demonstrating a high level of clinical performance coupled with exceptional client care. We also can safely and effectively reduce the signs of ageing by non surgical age perfecting treatments, and enhance facial features with permanent make up.

Our Principal Dentist – Dr. Tasleem Ahmed has been awarded Dentist of the Month in Redbridge. She is the main provider of general dentistry and cosmetic dentistry at Longwood House. She qualified from Guys Hospital University and has been practicing for 15 years. She became a member of the British Academy of cosmetic Dentists (BACD) in May 2006, and has done most of her training in Central London, Brazil and Paris. Dr. Ahmed remains at the forefront of what can be achieved in the field of dentistry today.

At Longwood House we strive to provide to provide clinical excellence in a professional and friendly environment. This is one of the important elements that separates our service from other practices. We also have a number of in-house specialists which means we are able to provide co-ordinated care.

Our Dental Services

Our practice provides all aspects of cosmetic dentistry in a relaxed and comfortable environment. We offer the following services:

- All areas of private dentistry
- We are proud to have a children's dental specialist service
- Crowns and bridges
- Veneers and complete smile makeovers
- Dental implants and high impact cosmetic dentures – to replace missing teeth
- Clear braces – orthodontic alignment of crooked teeth with the most clearest and

hygienic way to align teeth in both adults and children

- Teeth whitening and power bleaching service
- Anti snoring devices
- Treatment for migraines / headaches / TMJ
- White fillings – amalgam removal with / without metal chelation



We at Longwood House understand that some patients may be nervous and apprehensive about their treatment. To alleviate anxiety we have specialists at hand who are knowledgeable in the provision of conscious sedation.

In line with our dental services we offer a range of age perfecting treatments for men and women. We believe our anti-ageing services greatly complement the smile make overs created by Dr. Ahmed. Our treatments are carried out by a highly trained GP with extensive experience in facial aesthetic therapies.

Our Anti-Ageing Services

We can safely and effectively reduce the signs of ageing by using the following non-invasive therapies:

- Fillers – effectively fills lines and wrinkles. Also used to redefine and enhance lips
- Chemical peels – gently removes the outer layers of dead skin to reveal younger looking skin by improving pigmentation, age spots and fine lines (face or hands)
- IPL rejuvenation – improves skin tone and structure by treating uneven skin pigmentation, acne scarring, blemishes, spider veins, sun damage, enlarged pores and crepey skin, fine lines and wrinkles
- IPL laser hair removal – provides a long term solution to unwanted hair
- Skin tag and mole removal
- Semi permanent make-up – redefining eyes, eyebrows and lips with cosmetic tattooing

Our anti-ageing specialist, Dr. Anina Chapman, is a highly trained and skilled general practitioner with extensive experience in facial aesthetic therapies. Dr. Chapman will carry out a thorough consultation prior to treatment to ascertain individual client needs and advise on suitable treatments accordingly.



2008 FINALIST
Best Practice

GET IN TOUCH

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